



Preparing for Middle School

Workshops for Students and Parents

Grades 4 & 5

All are Welcome

The transition from Grade 5 (Elementary School) to Grade 6 (Middle School) is an exciting period of change, growth and exploration for both parents and students. Saint Mary's School is sponsoring workshops for parents and "shadow days" for students. The first workshop will be a general audience workshop, not specific to Saint Mary's. The second workshop will be an opportunity to explore the Saint Mary's Middle School programs. All Saint Mary's 5th grade students will be following a Middle School schedule to experience our program. All students in 5th grade are welcome to "shadow" along with the Saint Mary's students.

Monday, October 18th , 7:00 PM to 8:30 PM in the Bishop Sullivan Room *Parent Workshop*

Presented by FAM – Families are Magic, Richmond, Virginia

This workshop involves educating parents on common changes that their 5th grader is going through or about to go through. Physical, emotional and cognitive changes are discussed. The workshop also provides tips on how to stay connected and supportive with their child.

Tuesday, November 9th , 8:00 AM to 2:50 PM in the Middle School *Students' Middle School Day*

Fifth Grade students will follow a sixth grade schedule for the day. All 5th grade students are welcome to join the Saint Mary's 5th grade to experience Middle School as a student. Teachers will demonstrate a typical middle school class, answer questions, and explain the Saint Mary's middle school program. If the student is not a current student of Saint Mary's, please call 740-1048 to reserve the day, make lunch arrangements, and provide emergency contact information. Join us for a fun filled day!

Monday, December 13th , 7:00 PM to 8:30 PM in the Bishop Sullivan Room *Parent Workshop*

This workshop involves providing parents with information about the Saint Mary's Middle School program. Learn more about the International Baccalaureate Middle Years Programme (IB- MYP) in which all of Saint Mary's students participate, about the expectations of the teachers, and the success of all of our students as they transition to high school. Middle School teachers will be attending to answer questions. Open to all interested parents, especially those of 4th and 5th grade students. Join us for this informational session so that you can make the best possible placement decision for your student.